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## Mt Toubkal Kit & Equipment List

	Item	Charge for 2 week hire	Retail Cost
	<b>Bags</b>		
	120 Litre Duffle Osprey or Mountain Equipment	£ 21.00	£ 100.00
	Day Pack 35Ltr (Osprey Talon 33)	£ 20.00	£ 100.00
	<b>Clothing</b>	£ -	
	Hooded Down Jacket (Rab, ME bergans)	£ 55.00	£ 280.00
	Waterproof goretex jacket Mountain Equipment	£ 40.00	£ 350.00
	Waterproof GTX trousers (Rab/Mountain Equipment)	£ 36.00	£ 220.00
	sun shirt (summer)	£ 12.50	£ 40.00
	walking convertible trousers	£ 14.00	£ 65.00
	Long sleeved base layer top	£ 15.00	£ 80.00
	Base layer t shirt	£ 15.00	£ 65.00
	200 weight fleece/soft-shell jacket	£ 20.00	£ 115.00
	Warm Hat, Brimmed Sun Hat, Buff	£ 25.00	£ 60.00
	Gloves (Goretex and Primaloft)	£ 15.00	£ 120.00
	Thermarest Sleeping mat	£ 20.00	£ 240.00
	<b>Sleeping</b>		
<b>OR</b>	3/4season -20C synthetic sleeping bag	£ 57.50	£ 200.00
	Extra £30 for 4 season down sleeping bag	£ 85.00	£ 270.00
	<b>Accessories</b>		
	Walking Poles (easton ATR 75)	£ 12.00	£ 100.00
	Gaiters (Goretex)	£ 5.00	£ 30.00
	Head torch (Petzl)	£ 6.00	£ 55.00
	Personal First aid kit		
	2x 1 litre drinks bottles		
	1 litre bottle to urinate in		
	Sunglasses/ski goggles in winter		
	1 litre of double concentrated squash		
	Sun screen		
	Insect spray but never used		
	Daily snack bars		
	Wet wipes		
	Antibacterial Hand gel		
	Protein Powder		
	Acetazolamide or <b>Diamox</b>		
	Passport visa money credit cards plane tickets		
	Buff, shemagh or neck gaitor used for dust mask		
	Spare mobile battery or Solar charger		
	<b>Total costs</b>	£ 474.00	£ 2,490.00
	<b>Special offer for all items in Summer List</b>	£ 280.00	
	Ring now to discuss 01446 7750313 or sales@expeditionkithire.co.uk		